

## Medium Term Plan: Supporting Implementation of LTP/Progression Grid

<b>Subject: Personal Development</b>	<b>Changing Me</b>	<b>Year B: KS1</b>
<p><i>NB The statutory and non-statutory objectives are continuously revisited in a spiral curriculum using Jigsaw toolkit. Within themed topic's we teach objectives discreetly in MTP's whilst revisiting in outline previously taught objectives. For the purpose of this MTP we are emphasising the following objectives that pupils should be taught;</i></p> <p><b>RSHE Statutory Guidance</b>            Respectful Relationships 3a,c,d            Being Safe 5a,c,f,e            Mental Health and Well-Being 6b,c,            Health and Prevention 11a            Changing Adolescent Body,13a</p> <p><b>Non Statutory Guidance Citizenship KS1</b>            Developing confidence and responsibility and making the most of their abilities 1a-e            Developing a healthier, safer life style 3a-g            Developing good relationships and respecting the difference between people 4a-e            Breadth of opportunities 5 a-b, d-e-g-h</p>		
<p><b>Prior Learning (what pupils already know and can do)</b>            Know that they will physically change over time; size, weight, height            Know about their external body parts and the names            Know that a male and female, boy and a girl have physically different outer body parts            know who to talk to if they are feeling worried            Know how to listen and turn take when talking            Know what a verbal and non-verbal clue is when turn taking when talking            Know how to use equipment safely within school</p>		
<p><b>End Points (what pupils MUST know and remember)</b>            Know about human life cycle growing from a baby to a child, teenager adult, older person            Know that they will like some of the changes and will not like others            Know the names of male and female private parts            Know how to be safe around fire and fire works            Know how to use the 4 rules of a conversation</p>		
<p>Key Vocabulary to teach each session; Written In bold at the beginning of each session. To be revisited in following sessions;            Physical changes, transition, coping, aging, independence resilience, assertiveness, confidence life cycle</p>		
<p><b>Session 1:</b> Explore life cycles of animals and plants and humans. Talk about some things that have changed and some things that have stayed the same. Talk about how their body has changed since they were a baby  <b>Taught Year B Changing Me 1@2</b></p>		
<p><b>Session 2:</b> What growing up means. I can identify parts of my body that makes boys different to girls. Name the parts - penis, testicles, vagina, anus. Change in people's expectations. Increased independence; assertiveness. Appreciate some parts of my body are private parts  <b>Taught Year B Changing Me 1@2</b></p>		
<p><b>Session 3:</b> Talk about the natural process of growing from young to old and that this is not in their control. They understand where they are on the continuum.  <b>Taught Year B Changing Me 1@2</b></p>		
<p><b>Session 4:</b> Can talk about changes that have happened in my life; some I like some I don't like. I understand that every time I learn something new I will change a bit. I can identify the changes I am looking forward to when I move to my next class  <b>Taught Year B Changing Me 1@2</b></p>		
<p><b>Session 5: Debate</b> Children learn active listening, they are learning to refine when they can talk and when they must listen. They are learning about the rules of having and holding a</p>		

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conversation. They are learning about the 4 parts of a conversation. Small talk (pleasantries), fact/disclosure, giving a view point, talking about personal feelings .They are refining the vocabulary of turn taking.

**Session 6: Wider Safety;** Dangers in their contextual environment; Fire and fire works  
**Jigsaw optional fire and fireworks ages 7-9**